

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LOCATION CODES:
Main Dining Room-MD
Resident Lounge-RL
All Floors-AF


November 2019

INSPIRE HEALTH & REHAB CENTER
2131 OST NW, WDC 20037

10:30 Coffee Social(MD) 1
11am Karaoke Time(MD)
2:30pm Happy Hour(MD) 1
11am BINGO (MD) 2
1pm Room Visits(AF)
3pm Family & Friends Visits(AF)

11am Minister Coles Communion(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF) <small>Daylight Saving Time Ends</small>	10:30 Coffee Social(MD) 11am Discussion Group(MD) Room Visits(3) 2:30 Name that Tune(MD)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 11am Bus Trip 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Fun & Games(MD) Room Visits(5)	10:30 Coffee Social(MD) 11am Move your Body(MD) 2:30 BINGO(MD) Room Visits(4) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/Bill Davis(MD)	11am Movie Matinee 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)
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11am Worship Services w/Temple of Praise(MD) 1pm Room Visits(AF) 3pm Catholic Mass(RL)	10:30 Coffee Social(MD) 11am Discussion Group(MD) Room Visits(3) 2:30 Celebrating Life Service(MD) <small>Veterans Day (US) Remembrance Day (Canada)</small>	10:30 Coffee Social(MD) 11am Discussion Group(MD) Holistic Group(3) 2:30 Veteran's Day Celebration w/Brian Rudolph(MD)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Women's & Men's Group(MD) Room Visits(5)	10:30 Coffee Social(MD) 11am Trivia(MD) 2:30 You Be the Judge(MD) Room Visits(4) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am Sing Along(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)
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11am Worship Services w/Save A Life Ministries(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Name That Tune(MD)	10:30 Coffee Social(MD) 11am Discussion Group(MD) Holistic Group(3) 2:30 Movie & Popcorn(MD) Room Visits(2)	10:30 Coffee Social(MD) 11am Music Appreciation w/James Yarsky(MD) 2:30 Family Feud(MD)	Annual Candle Light Dinner 5pm(MD) 	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am New Born Church Bible Study(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)
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11am Worship Services w/Temple of Praise(MD) 1pm Room Visits(AF) 3pm Bingo w/Catholic Mass(MD)	10:30 Coffee Social(MD) 11am Discussion Group(MD) Room Visits(3) 2:30 Monthly Birthday Celebration(MD)	10:30 Coffee Social(MD) 11am Discussion Group(MD) 2:30 Movie & Popcorn(MD)	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Resident's Council Meeting(MD)	11am HOLIDAY BINGO(MD) BINGO! 1pm Family & Friends Visits(AF) <small>Thanksgiving Day (US)</small>	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/Bill Davis(MD)	11am Movie Matinee(MD) 1pm Room Visits(AF) 3Pm Family & Friends Visits
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ALL ACTIVITIES ARE SUBJECT TO CHANGE!